

SAY: CONFIDENT VOICES

The Stuttering Association for the Young

BUILDS CONFIDENCE,
COMMUNICATION
& COMMUNITY

FEATURED ON
NBC NIGHTLY NEWS,
THE TODAY SHOW,
CBS SUNDAY
MORNING
& MORE!

COLIN, age 9



SAY: CONFIDENT VOICES

SAY developed its innovative Confident Voices After-School & Weekend program to help young people who stutter develop the self-confidence and courage they need to communicate more effectively, build a sense of community, and establish rewarding friendships.

This project-based program helps young people who stutter develop essential skills and enjoy a unique forum to freely express their thoughts, ideas, goals, and dreams.

"Having a stutter makes me different and sometimes other kids pick on me and bully me. I texted two friends from SAY for support and they responded in less than a minute. SAY has become a second home. It's a place where you will never be bullied."

ISABELLA, age 13

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"Before joining SAY, Vincent wasn't fully participating in school. After a few months at SAY, his teachers noticed a big difference. Now, he's beaming with confidence. What a change." — Vincent's mother

VINCENT, age 9



CONFIDENT VOICES:

BUILDS CONFIDENCE & COMMUNICATION SKILLS


Utilizing a broad range of effective program formats — all of which build communication skills and self-confidence — our dynamic staff helps kids and teens safely expand their comfort zones.

Building on each child's individual strengths, interests, and communication goals, we offer a highly individualized experience to maximize results.

Our Confident Voices program enables kids and teens to collaborate on key projects. Working together to achieve

common goals, young people learn how to build communication skills and succeed as part of a dynamic team.

All-Inclusive Tuition : Outstanding Staff-to-Child Ratio : Financial Aid Available



AVA, age 13

*"Ava often faced her stuttering alone.
After joining SAY, she developed a
tremendous source of support.
She's shining brighter than she has
ever shined before... talkative,
confident, and happy."* — Ava's mother

CONFIDENT VOICES: CREATES A COMMUNITY

SAY helps young people who stutter develop a crucial support network. Kids and teens establish important friendships at SAY, and many children continue on with this program and make new friends each season.

As each program culminates, many kids and teens choose to present their projects to family and friends. It's this unique experience, delivered in an accepting and supportive environment, which allows many young people to

express themselves fully for the first time in their lives. Parents also enjoy a strong support network at SAY. Many share their thoughts and fears during support and education groups, and enjoy newfound friendships with other incredible SAY parents.

**VISIT [SAY.org/programs](https://say.org/programs)
EMAIL Meg@SAY.org
CALL 212.414.9696**

**SAY: The Stuttering Association
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