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CONFIDENCE,  
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NBC NIGHTLY NEWS,  
THE TODAY SHOW,  
CBS SUNDAY  
MORNING  
& MORE!

# CAMP SAY:

A Summer Camp For Young People Who Stutter

***“In a world where kids who stutter are often mocked, rejected, harassed, and misunderstood...I hope that every child who stutters has an opportunity to benefit from SAY's programs.”***

— Joseph Biden, *Vice President  
& person who stutters*



## **CAMP SAY:** Created with One Goal in Mind

Camp SAY helps young people who stutter discover their own unique and beautiful voices. Our sleep-away camp welcomes children and teens who stutter, ages 8-18, and their young family members and friends. Camp SAY is an ACA-Accredited camp, hosted at Pocono Springs Camp, a new 60-acre, \$8 million, state-of-the-art camp facility located in the beautiful Pocono Mountains—just 75 miles from New York City and 100 miles from Philadelphia. Campers from across the country, and beyond, attend Camp SAY, year after year.



## CAMP SAY: It's Truly a Gift

Camp SAY is a gift that you can give to a child who stutters—the gift of fun and friendships, and the gift of self-confidence and improved communication that lasts a lifetime. We combine the highest-quality, traditional summer camp experience with comprehensive activities and innovative programs that empower young people who stutter. We create a culture of acceptance and positivity, so that stuttering—a trait that many feel separates them from others—actually unifies young people at Camp SAY. Parents and campers call Camp SAY “life-changing.”



***“With the guidance, support, and love that was so very evident, we watched our son show a side of himself that we did not know he was capable of expressing. Camp SAY will benefit his self-esteem and growth for years to come.”***

***— Camp SAY parent***



## CAMP SAY: Empowers Children

Campers enjoy collaborative experiences with other young people who stutter. This deep connection creates bonds and breaks down barriers, helping each child become more open, expressive, and confident. Campers are paired with mentors from different age groups for a truly rewarding experience. Children safely share their challenges and fears, which empowers them to overcome obstacles in their everyday lives.

***“SAY helped me improve my confidence and showed me that I am not the only one who stutters. Supportive and wonderful staff members helped me with my stuttering.”***

— Dorjee, age 14





## CAMP SAY: Celebrates Each Unique Child

Camp SAY provides an important balance between structured activities and choice, so that campers can discover their unique talents and tap into their personal interests and goals. Campers engage in a broad range of confidence-building activities, including:

**Arts & Crafts** – Painting, drawing, pottery, weaving, mixed media & more.

**Outdoor Activities** – Archery, ropes course, zip-line, rock climbing, hiking, cooking, campfires (for s'mores & stories) & more.

**Performing Arts** – Playwriting, dance, dramatic arts, creative writing, singing, advocacy, debate, improv, poetry, rap, & more.

**Sports** – Basketball, soccer, kickball, tennis, volleyball, ping pong & more.

**Water Activities** – Swimming in spring-fed lakes and a heated swimming pool, plus canoeing, kayaking, lake trampoline, paddle-boarding & more.

***“I loved my bunk, I loved the activities, I loved the counselors, and I loved everything!”*** — Joseph, age 14

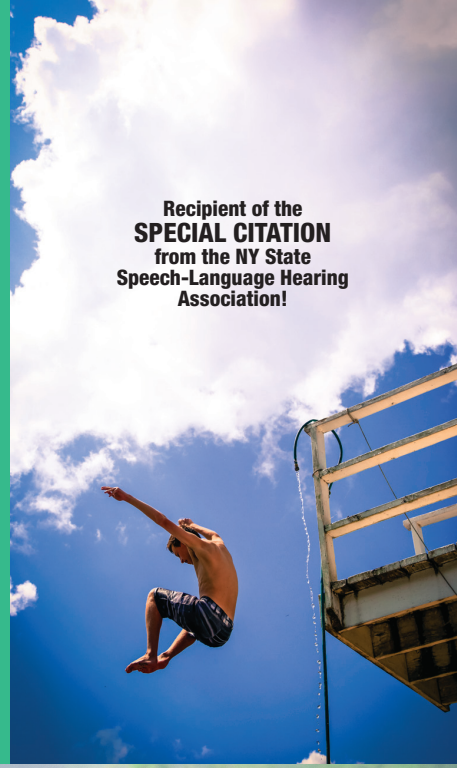


**CampSAY.org : All-Inclusive Tuition : Outstanding Staff-to-Camper Ratio : Sliding Scale Tuition Available**



## CAMP SAY: Where Everything Seems Possible

Camp SAY provides truly unique experiences that safely challenge young people who stutter to create a strong sense of achievement. Campers join a special team (or two) and, led by talented staff, collaborate in a confidence-building journey toward a group goal such as a championship game, an exciting performance, or another empowering project. Campers build communication skills via debate, improv, drama, and more. If desired, speech therapy is available with a licensed Speech-Language Pathologist who specializes in stuttering. Individual and group sessions are offered, personalized to fit each child's unique communication goals.



Recipient of the  
**SPECIAL CITATION**  
from the NY State  
Speech-Language Hearing  
Association!



## CAMP SAY: Provides Life-Changing Results

Our team is fully committed to creating an unparalleled environment of acceptance, positivity, and encouragement, so that each child's time at Camp SAY becomes one of the richest and most rewarding life experiences possible.

Parents and campers confirm that Camp SAY develops self-esteem, improves confidence, builds lasting friendships, and gives young people who stutter the crucial tools they need to advocate for themselves in their everyday lives.

### Learn More

To learn more about Camp SAY, please visit [CampSAY.org](http://CampSAY.org), email [Meg@SAY.org](mailto:Meg@SAY.org) or call 646.403.3522.

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Camp SAY is a program of  
SAY: The Stuttering Association for the Young

**CampSAY.org**

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Photos by Julie Mallett and PhotoChâteau



***“SAY allows young people to experience a very accepting and supportive environment. I was impressed with everything.”***

***— Edward G. Conture, PH.D., CCC-SLP, BRS-FD,  
Professor Emeritus, Vanderbilt University***

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*"Before Camp SAY, my confidence was very low, like a 3. Now my confidence is a 10."*

— Daniel, age 10



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