SAY: SPEECH THERAPY
The Stuttering Association for the Young

Builds Confidence, Communication & Community

Featured on NBC nightly news, the today show, CBS Sunday Morning & More!

Phoebe, age 13

Alex has developed such incredible communication skills at SAY. He's grown from a child who didn't share his opinions into a vibrant and playful boy who openly discusses his thoughts and ideas. This program is truly amazing!

— Alex's mother

Brandon, age 6
SAY: SPEECH THERAPY

SAY’s Speech Therapy program helps young people who stutter achieve important communication goals. Our approach incorporates education, fear reduction, counseling, parent/family integration, and physical strategies to make speaking easier. We provide a unique depth of expertise because we are fully dedicated to the treatment of stuttering, and help kids and teens build communication skills, increase self-esteem, develop independence, and enjoy more dynamic school participation.
“Alex has developed such incredible communication skills at SAY. He’s grown from a child who didn’t share his opinions into a vibrant and playful boy who openly discusses his thoughts and ideas. This program is truly amazing!” – Alex’s mother
After-School & Weekend Program
Building Confidence, Communication & Community

We recognize that stuttering is like an iceberg, where only a small portion of the challenges facing a child who stutters — the audible stuttering itself — may be visible for others to see. Like an iceberg, the deeper issues of fear, confusion, denial, anger, shame, guilt, and anxiety often remain far beneath the surface. Early intervention with a speech-language therapist who specializes in stuttering maximizes both short-term and long-term impact and results.

We develop individualized treatment programs based on each young person’s unique goals and challenges, and tailor strategies for pre-school children (ages 2-5), school-age children (ages 6-12), and teens (ages 13-18).

SAY embraces a whole-child approach to generate the most meaningful and lasting results.

Recipient of the 2013 SPECIAL CITATION from the NY State Speech-Language Hearing Association!
“Suleny had difficulty getting her words out. Through speech therapy at SAY, she’s learning new ways to speak, with much less physical stress. She’s come a long way in a short time and as a parent, I feel more confident about her future.” — Suleny’s mother
SPEECH THERAPY:  
CREATES A COMMUNITY

We believe that every voice matters, and SAY helps young people discover their own unique and beautiful voices.

Our comprehensive services include speech therapy consultations, diagnostic evaluations, individual speech therapy sessions, group therapy sessions, teletherapy (across the country), school and classroom presentations, youth support groups, parent groups, stuttering education, school training, and added professional resources.

Individual and group therapy sessions help young people become more confident in their everyday lives and at school. During group therapy sessions, young people also meet peers who stutter, helping them see that they are not alone. Sessions provide a fully accepting environment where kids and teens safely share their thoughts and fears and develop important coping strategies.

VISIT SAY.org/programs  
EMAIL Ryan@SAY.org  
CALL 212.414.9696 ext.205  
SAY: The Stuttering Association for the Young  
247 West 37th Street, 5th Floor  
New York, NY 10018

SAY is a registered trademark of The Stuttering Association for the Young. Photos by Doug Menuez and Nick Ruechel.
When stuttering is like an iceberg, it's wise to focus on the parts that are visible.

We believe that stuttering is more than just the audible stuttering itself. It's an inside battle of fear, confusion, denial, anger, shame, guilt, and anxiety.

Early intervention is key, especially when working with a speech-language therapist who specializes in stuttering.

We develop personalized programs based on each young person's unique goals and challenges. Our programs are tailored for preschool children (ages 2-5), school-age children (ages 6-12), and teens (ages 13-18).

Visit our services online: sAY.org/programs
Email: ryan@sAY.org
Call 212.414.9696 ext.205

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247 West 37th street, 5th Floor
New York, NY 10018

"I've developed much stronger communication skills in speech therapy. I can now communicate my thoughts and ideas, and everyone really understands me. It feels great!"

TYLER, age 15

SAY's speech language program works exclusively with young people who stutter. Sliding Scale Fees.
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Phoebe, age 13

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— Alex’s mother

Alex, age 8

Brandon, age 6