

SAY:DC

The Stuttering Association for the Young

**BUILDS
CONFIDENCE,
COMMUNICATION &
COMMUNITY**

Every young person who stutters has a story to tell.



***“SAY has changed
my life. It makes me
feel free and taught
me that stuttering
shouldn’t hold me
back from anything I
want to do.”***

— Reuben, age 12

The SAY culture of acceptance, deep listening, and reflection allows for countless tangible moments of success, transcendence, and joy.

There is solace in knowing you are not alone — that your struggles and your strengths are uniquely your own but that they also fit into a constellation of common experiences that other people face every day.



“Growing up, I struggled with stuttering and understand firsthand the anguish, frustration, and anxiety that this common speech disorder inflicts on young people. I hope that every child who stutters has the opportunity to benefit from SAY’s program and that others will support this vital organization.”

***— Vice President
Joseph R. Biden, Jr.***

At SAY, we believe the arts are for everybody.

You don't have to identify as an artist to experience the transformative power of making and enjoying art. Here, young people can feel free to explore new modes of expression in a safe and supported context. When you know your friends truly understand and empathize with you and have your back, you can do anything.

We also know the importance of parents having their own friends and peers who understand the ups and downs of raising kids who stutter. It is hugely beneficial to get to know and share with other families who are on a similar journey. Normalizing the experiences of parents of young people who stutter contributes to the overall well-being of the entire family.





At SAY: DC, we are dedicated to providing a safe, inspiring space for young people who stutter to be deeply heard and supported. They come with something to SAY and we give our participants the time, tools, space, and encouragement to become master storytellers.

Since 2001, SAY has been working with children and teens who stutter, using the arts to unlock expression, confidence, and personal growth. Every participant always has as much time as they need to speak.

We foster an environment of creativity, empathy, and inspiration that gives room for the expansion of possibility. Here, you'll find a community that makes each child stronger and more capable than they ever thought they could be.

SAY:DC Celebrates Each Unique Child

At SAY, we believe every child has the ability to be a great communicator. With the guidance of our expert staff, young people come to know and trust the power of their own voices. At the same time, SAY emphasizes the importance of respecting each other, so that all members of the community understand that their greatest power comes in lifting each other up.

Central to our mission is the breaking down of all financial

barriers to attendance. We are dedicated to providing our award-winning programming completely free of charge, because it is of the utmost importance to us to bring together a socio-economically diverse range of the population — a group that is truly representative of our larger community and of all young people who stutter. SAY derives financial support from generous private donors, foundations, corporations and government entities.

“SAY has built my confidence, has pushed it through the roof, and I can now do things that I never thought I’d be able to do.” — Ellie, age 13

SAY Wins the Nation’s Top Honor



NEA Chair Jane Chu, SAY Participant Reuben, and SAY Vice President of Programming, Travis Robertson

FREE PROGRAM ENROLLMENT : OUTSTANDING STAFF-TO-CHILD RATIO

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SAY: DC leverages the power of art-making and community to open up new worlds of possibility for each participant. For eighteen years, the SAY approach has been based on the belief that each young person has an important story to tell and also possesses the ability to share it with the world in a unique and powerful way.



“Before joining SAY, Vincent wasn’t fully participating in school. After a few months at SAY, his teachers noticed a big difference. Now, he’s beaming with confidence. What a change.”

— Vincent’s mother



SAY:DC

Learn More

To learn more about SAY: DC, please visit say.org/dc
EMAIL DC@SAY.org or call 202.919.4848

SAY: The Stuttering Association for the Young
5636 Connecticut Ave NW Washington, DC 20015-2604

SAY: DC is a program of
SAY: The Stuttering Association for the Young, a 501(c)(3)
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We look forward to hearing from you!

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COMMUNICATION & COMMUNITY



FEATURED ON
NBC NIGHTLY NEWS,
THE TODAY SHOW,
CBS SUNDAY
MORNING
& MORE!

EVERY YOUNG PERSON
WHO STUTTERS HAS A
STORY TO TELL.