

BUILDS
CONFIDENCE,
COMMUNICATION &
COMMUNITY

FEATURED ON
NBC NIGHTLY NEWS,
THE TODAY SHOW,
CBS SUNDAY
MORNING
& MORE!

CAMP SAY:

A Summer Camp for Young People Who Stutter

CAMP SAY: It's Truly a Gift

Camp SAY is the gift that you give to a child who stutters—the gift of fun and friendships, and the gift of self-confidence and improved communication that lasts a lifetime. We combine the highest-quality, traditional summer camp experience with comprehensive activities and innovative programs that empower young people who stutter. We create a culture of acceptance and positivity, so that stuttering—a trait that many feel separates them from others—actually unifies young people at Camp SAY. Parents and campers call Camp SAY “life-changing.”



“With the guidance, support, and love that was so very evident, we watched our son show a side of himself that we did not know he was capable of expressing. Camp SAY will benefit his self-esteem and growth for years to come.”

— Camp SAY parent

“In a world where kids who stutter are often mocked, rejected, harassed, and misunderstood...I hope that every child who stutters has an opportunity to benefit from SAY’s programs.”

— Joseph Biden, Vice President
& person who stutters



CAMP SAY: Created with One Goal in Mind

Camp SAY helps young people who stutter discover their own unique and beautiful voices. Our sleep-away camp welcomes children and teens who stutter, ages 8-18, and their young family members and friends, and is located on a 500-acre American Camp Association (ACA)-accredited facility in North Carolina’s Blue Ridge Mountains. Campers from across the country and beyond attend Camp SAY, year after year.



CAMP SAY: Empowers Children

Campers enjoy collaborative experiences with other young people who stutter. This deep connection creates bonds and breaks down barriers, helping each child become more open, expressive, and confident. Campers are paired with mentors from different age groups for a truly rewarding experience. Children safely share their challenges and fears, which empowers them to overcome obstacles in their everyday lives.

“SAY helped me improve my confidence and showed me that I am not the only one who stutters. Supportive and wonderful staff members helped me with my stuttering.”

— Dorjee, age 14



CAMP SAY: Celebrates Each Unique Child

Camp SAY provides an important balance between structured activities and choice, so that campers can discover their unique talents and tap into their personal interests and dreams. Campers engage in this broad range of confidence-building activities:

Arts & Crafts – Painting, drawing, dance, dramatic arts, creative writing, pottery, singing, video production & more.

Sports – Basketball, soccer, softball, tennis (8 all-weather courts/3 lighted), volleyball & more.

Water Activities – Swimming in two spring-fed lakes and a heated swimming pool, plus canoeing, kayaking, waterslide, zip-line & more.

Outdoor Activities – Hiking, rock-climbing, animal center, campfires (for S'mores & stories) & more.

Equestrian Program – Horseback riding in a Certified Horsemanship Association Accredited facility, with five large riding rings, trail rides, horse care & more.

"I loved my bunk, I loved the activities, I loved the counselors, and I loved everything!" — Joseph, age 14

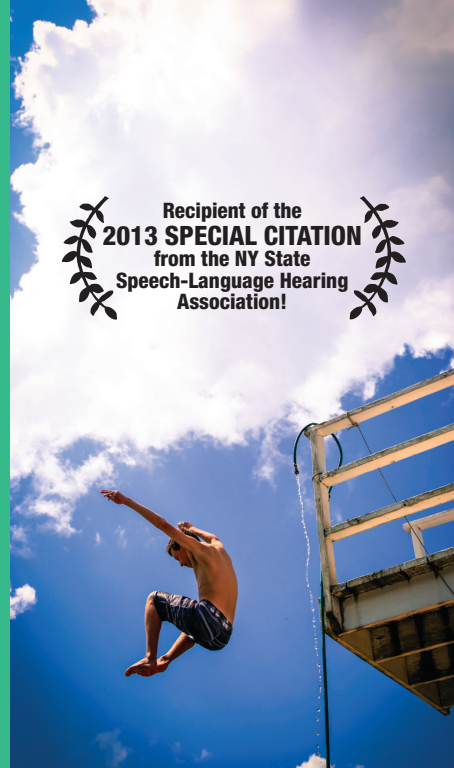


CampSAY.org : All-Inclusive Tuition : Outstanding Staff-to-Camper Ratio : Financial Aid Available



CAMP SAY: Where Everything Seems Possible

Camp SAY provides truly unique experiences that safely challenge young people who stutter to create a strong sense of achievement. Campers join a special team (or two) and, led by talented staff, collaborate in a confidence-building journey toward a group goal such as a championship game, an exciting performance, or another empowering project. Campers build communication skills via debate, improv, drama, and more. If desired, speech therapy is available, with individual and group sessions personalized to fit each child's unique communication goals.



CAMP SAY: Provides Life-Changing Results

Our team is fully committed to creating an unparalleled environment of acceptance, positivity, and encouragement, so that each child's time at Camp SAY becomes one of the richest and most rewarding life experiences possible.

Parents and campers confirm that Camp SAY develops self-esteem, improves confidence, builds lasting friendships, and gives young people who stutter the crucial tools they need to advocate for themselves in their everyday lives.

Learn More

To learn more about Camp SAY, please visit CampSAY.org, email Meg@SAY.org or call 828.393.4244.

Camp SAY Administrative Office: 330 West 42nd Street,
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Camp SAY (formerly Camp Our Time) is a program of
SAY: The Stuttering Association for the Young

CampSAY.org

Photos by Julie Mallett and PhotoChâteau



"SAY allows young people to experience a very accepting and supportive environment. I was impressed with everything."

*— Edward G. Conture, PH.D., CCC-SLP, BRS-FD,
Professor Emeritus, Vanderbilt University*