

SAY: CONFIDENT VOICES

The Stuttering Association for the Young

BUILDS CONFIDENCE,
COMMUNICATION
& COMMUNITY



COLIN, age 9

"Having a stutter makes me different and sometimes other kids pick on me and bully me. I texted two friends from SAY for support and they responded in less than a minute. SAY has become a second home. It's a place where you will never be bullied."

ISABELLA, age 13

SAY: The Stuttering
Association
for the Young



SAY: CONFIDENT VOICES

SAY developed its innovative Confident Voices After-School & Weekend program to help young people who stutter develop the self-confidence and courage they need to communicate more effectively, build a sense of community, and establish rewarding friendships.

This project-based program helps young people who stutter develop essential skills and enjoy a unique forum to freely express their thoughts, ideas, goals, and dreams.

"Before joining SAY, Vincent wasn't fully participating in school. After a few months at SAY, his teachers noticed a big difference. Now, he's beaming with confidence. What a change." – Vincent's mother



VINCENT, age 9

CONFIDENT VOICES:

BUILDS CONFIDENCE & COMMUNICATION SKILLS

Utilizing a broad range of effective program formats — all of which build communication skills and self-confidence — our creative staff helps kids and teens safely expand their comfort zones.

Building on each child's individual strengths, interests, and communication goals, we offer a highly individualized experience to maximize results.

Our Confident Voices program enables kids and teens to collaborate on key projects. Working together to achieve

common goals, young people learn how to build communication skills and succeed as part of a dynamic team.

FREE Program Enrollment • Outstanding Staff-to-Child Ratio



Confident Voices Participant Reuben and Director of Programming Travis Robertson visited Washington, DC, to accept this prestigious award from Jane Chu, the Chair of the National Endowment for the Arts (NEA)

CONFIDENT VOICES: PROGRAM WINS NATION'S TOP HONOR

In November 2017, our Confident Voices Participant Reuben, and Director of Programming Travis Robertson, visited Washington to accept the nation's top honor — the 2017 National Art and Humanities Youth Program Award. This award recognizes the country's best creative youth development programs that utilize the arts and humanities to generate a broad range of successes, including increased academic achievement, high school graduation rates, and college enrollments. The award is bestowed through a partnership between the National Endowment for the Arts (NEA), the National Endowment for the Humanities (NEH), and the Institute of Museum and Library Services (IMLS), in cooperation with the National Assembly of State Arts Agencies (NASAA).

CONFIDENT VOICES: CREATES A COMMUNITY

SAY helps young people who stutter develop a crucial support network. Kids and teens establish important friendships at SAY, and many children continue on with this program and make new friends each season.

As each program culminates, many kids and teens choose to present their projects to family and friends. It's this unique experience, delivered in an accepting and supportive environment, which allows many young people to

express themselves fully for the first time in their lives. Parents also enjoy a strong support network at SAY. Many share their thoughts and fears during support and education groups, and enjoy newfound friendships with other incredible SAY parents.

**VISIT [SAY.org/programs](https://www.say.org/programs)
EMAIL Travis@SAY.org or
Kate@SAY.org**

CALL 212.414.9696 ext.203

**SAY: The Stuttering Association
for the Young
247 West 37th Street, 5th Floor
New York, NY 10018**

SAY is a registered trademark of The Stuttering Association for the Young
Photos by Doug Menezes and Nick Ruechel

SAY!

The Stuttering Association for the Young

FEATURED ON
NBC NIGHTLY NEWS,
THE TODAY SHOW,
CBS SUNDAY
MORNING
& MORE!

ELLIE, age 11



CONFIDENT VOICES

BUILDS
CONFIDENCE,
COMMUNICATION
& COMMUNITY