SAY: SPEECH THERAPY

The Stuttering Association for the Young

BUILDS CONFIDENCE,
COMMUNICATION
& COMMUNITY

FEATURED ON NBC NIGHTLY NEWS, THE TODAY SHOW, CBS SUNDAY MORNING & MORE!

BRANDON, age 6

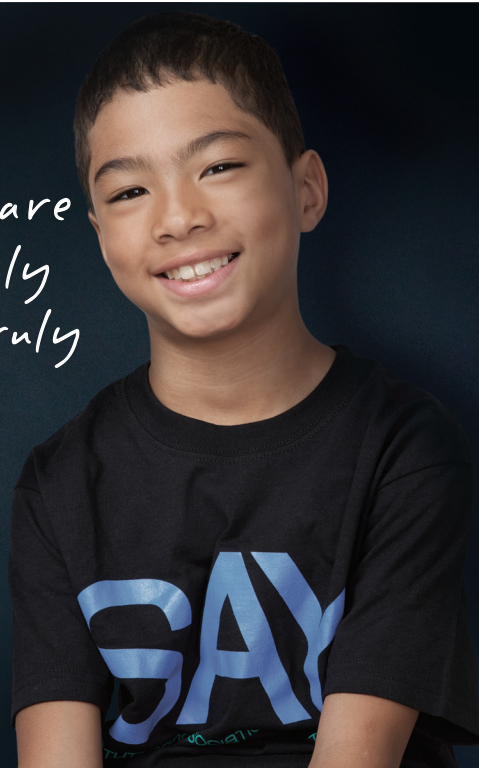
SAY: SPEECH THERAPY

SAY's Speech Therapy program helps young people who stutter achieve important communication goals. Our approach incorporates education, fear reduction, counseling, parent/family integration, and physical strategies to make speaking easier. We provide a unique depth of expertise because we are fully dedicated to the treatment of stuttering, and help kids and teens build communication skills, increase self-esteem, develop independence, and enjoy more dynamic school participation.

"Alex has developed such incredible communication skills at SAY. He's grown from a child who didn't share his opinions into a vibrant and playful boy who openly discusses his thoughts and ideas. This program is truly amazing!" — Alex's mother

SAY: The Stuttering Association for the Young

ALEX, age 8



SPEECH THERAPY:

BUILDS COMMUNICATION SKILLS & CONFIDENCE

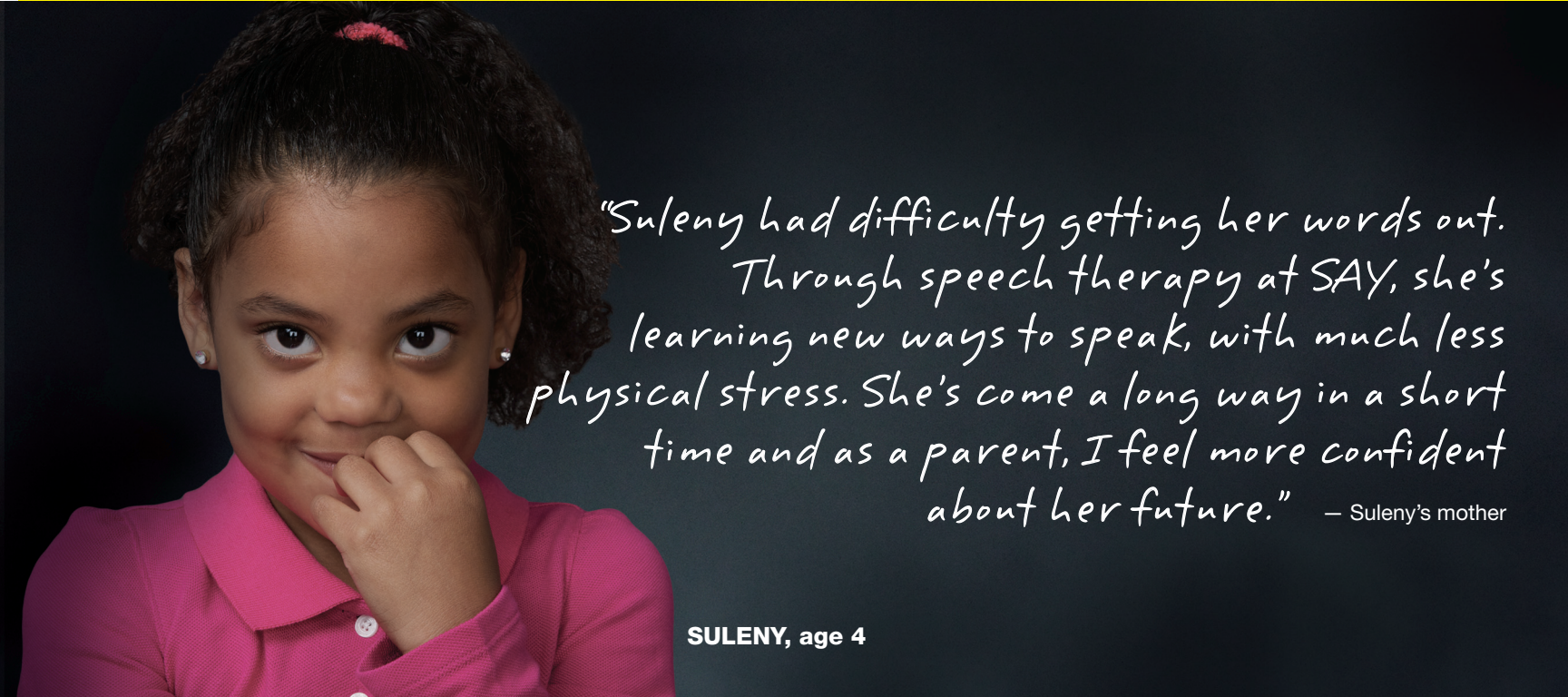
SAY embraces a whole-child approach to generate the most meaningful and lasting results.

We recognize that stuttering is like an iceberg, where only a small portion of the challenges facing a child who stutters — the audible stuttering itself — may be visible for others to see.

Like an iceberg, the deeper issues of fear, confusion, denial, anger, shame, guilt, and anxiety often remain far beneath the surface. Early intervention with a speech-language therapist who specializes in stuttering maximizes both short-term and long-term impact and results.

We develop individualized treatment programs based on each young person's unique goals and challenges, and tailor strategies for pre-school children (ages 2-5), school-age children (ages 6-12), and teens (ages 13-18).

Recipient of the
2013 SPECIAL CITATION
from the NY State
Speech-Language Hearing
Association!


"Suleny had difficulty getting her words out. Through speech therapy at SAY, she's learning new ways to speak, with much less physical stress. She's come a long way in a short time and as a parent, I feel more confident about her future." — Suleny's mother
SULENY, age 4

SPEECH THERAPY:
CREATES A COMMUNITY

We believe that every voice matters, and SAY helps young people discover their own unique and beautiful voices.

Our comprehensive services include speech therapy consultations, diagnostic evaluations, individual speech therapy sessions, group therapy sessions, teletherapy (across the country), school and classroom presentations, youth support groups, parent groups, stuttering education, school training, and added professional resources.

Individual and group therapy sessions help young people become more confident in their everyday lives and at school. During group therapy sessions, young people also meet peers who stutter, helping them see that they are not alone. Sessions provide a fully accepting environment where kids and teens safely share their thoughts and fears and develop important coping strategies.

Contact Us:
SAY.org/programs/speech-therapy
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Call: 212.414.9696 ext.205

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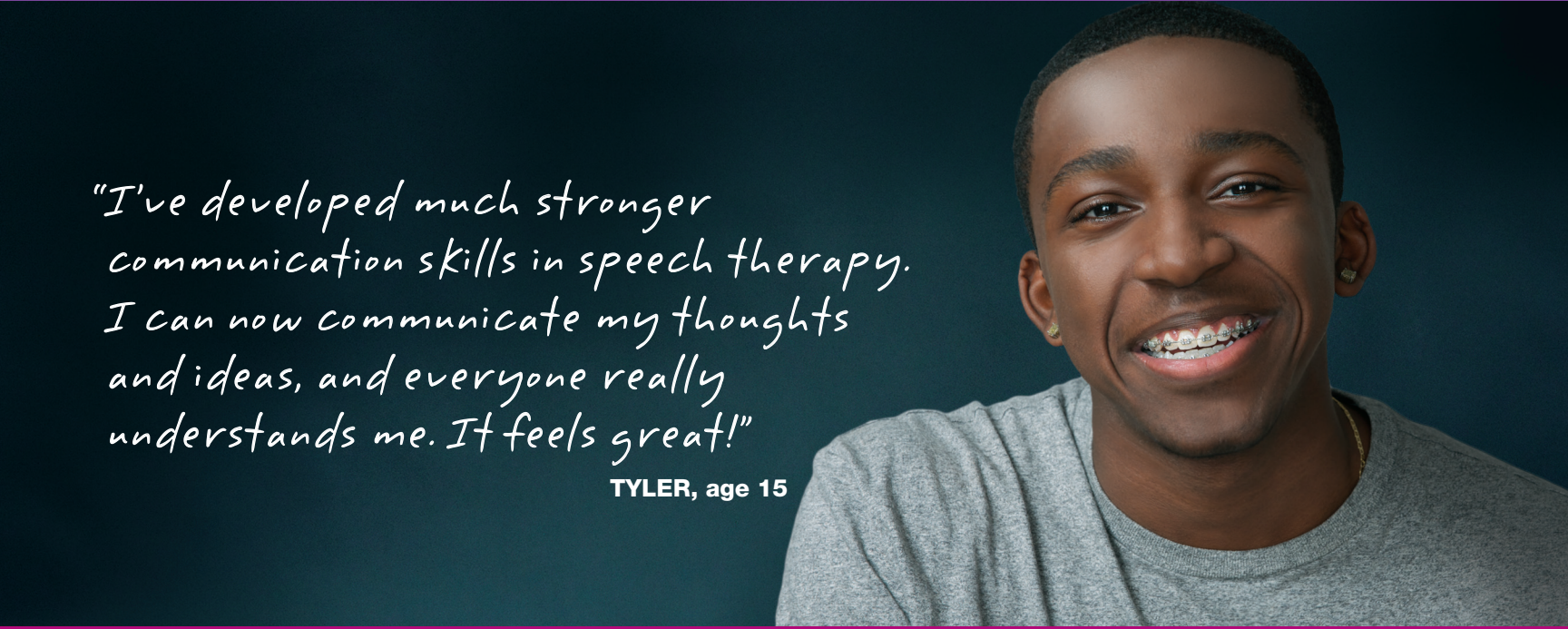
Photos by Doug Menuez and Nick Ruechel



SAY's speech language program works exclusively with young people who stutter : Sliding Scale Fees

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