

SAY: SPEECH THERAPY

The Stuttering Association for the Young

BUILDS CONFIDENCE,
COMMUNICATION
& COMMUNITY

FEATURED ON
NBC NIGHTLY NEWS,
THE TODAY SHOW,
CBS SUNDAY
MORNING
& MORE!

BRANDON, age 6



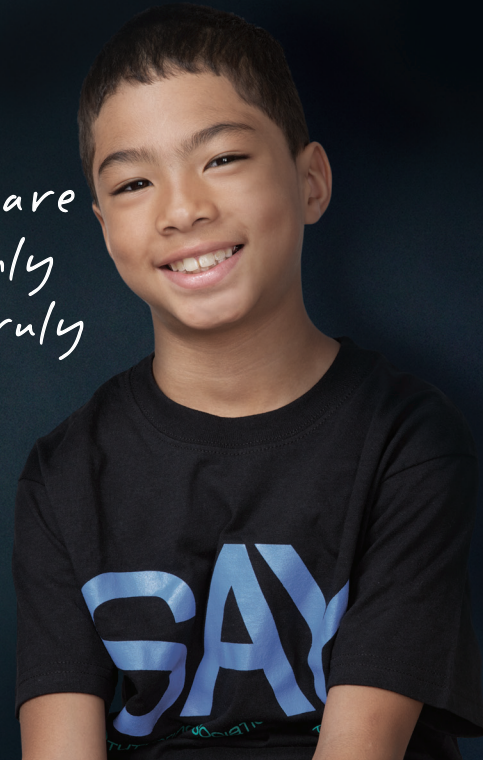
SAY: SPEECH THERAPY

SAY's Speech Therapy program helps young people who stutter achieve important communication goals. Our approach incorporates education, fear reduction, counseling, parent/family integration, and physical strategies to make speaking easier. We provide a unique depth of expertise because we are fully dedicated to the treatment of stuttering, and help kids and teens build communication skills, increase self-esteem, develop independence, and enjoy more dynamic school participation.

"Alex has developed such incredible communication skills at SAY. He's grown from a child who didn't share his opinions into a vibrant and playful boy who openly discusses his thoughts and ideas. This program is truly amazing!" — Alex's mother

SAY: The STUTTERING
Association
FOR THE YOUNG

ALEX, age 8



SPEECH THERAPY:

BUILDS COMMUNICATION SKILLS & CONFIDENCE

SAY embraces a whole-child approach to generate the most meaningful and lasting results.

We recognize that stuttering is like an iceberg, where only a small portion of the challenges facing a child who stutters - the audible stuttering itself - may be visible for others to see. Like an iceberg, the deeper issues of fear, confusion, denial, anger, shame, guilt, and anxiety often remain far beneath the surface.

Early intervention with a bilingual speech-language pathologist who specializes in stuttering maximizes both short and long-term impact and results. We develop individualized treatment plans based on each child's unique goals and challenges, and tailor strategies for pre-school children (ages 2-5), school-age children (ages 6-12), and teens (ages 13-18).





"Suleny had difficulty getting her words out. Through speech therapy at SAY, she's learning new ways to speak, with much less physical stress. She's come a long way in a short time and as a parent, I feel more confident about her future." — Suleny's mother

SULENY, age 4

SPEECH THERAPY: CREATES A COMMUNITY

We believe that every voice matters, and SAY helps young people discover their own unique and beautiful voices.

SAY Speech Therapy offers a full spectrum of bilingual speech services, in English and Spanish, to support children and their families' unique needs. Our comprehensive services include speech therapy consultations, diagnostic evaluations, individual speech therapy, teletherapy (across the U.S.), parent and family support, school and classroom presentations, stuttering education, and professional resources.

Bilingual speech therapy provides an accepting space for children to communicate freely in the language(s) in which they are most comfortable. SAY Speech Therapy is a place for young people who stutter to safely share their thoughts and fears, develop important coping strategies for school and everyday life, and come to understand that their voices matter.

Contact Us:

[SAY.org/programs/speech-therapy](https://say.org/programs/speech-therapy)

Email: Fergie@SAY.org

Call: 212.414.9696 ext.205

SAY: The Stuttering
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**247 West 37th Street, 5th Floor
New York, NY 10018**

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Photos by Doug Menuez and Nick Ruechel

"I've developed much stronger communication skills in speech therapy. I can now communicate my thoughts and ideas, and everyone really understands me. It feels great!"

TYLER, age 15



SAY's speech language program works exclusively with young people who stutter : Sliding Scale Fees

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PHOEBE, age 13



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