SAY: SPEECH THERAPY
The Stuttering Association for the Young

Builds Confidence, Communication & Community

Featured on NBC nightly news, the today show, CBS Sunday Morning & More!

Phoebe, age 13

“Alex has developed such incredible communication skills at SAY. He's grown from a child who didn't share his opinions into a vibrant and playful boy who openly discusses his thoughts and ideas. This program is truly amazing!”
— Alex’s mother

Alex, age 8

Brandon, age 6

SAY’S Speech Therapy program helps young people who stutter achieve important communication goals. Our approach incorporates education, fear reduction, counseling, parent/family integration, and physical strategies to make speaking easier. We provide a unique depth of expertise because we are fully dedicated to the treatment of stuttering, and help kids and teens build communication skills, increase self-esteem, develop independence, and enjoy more dynamic school participation.
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SPEECH THERAPY:
BUILD COMMUNICATION SKILLS & CONFIDENCE

SAY embraces a whole-child approach to generate the most meaningful and lasting results.

We recognize that stuttering is like an iceberg, where only a small portion of the challenges facing a child who stutters — the audible stuttering itself — may be visible for others to see. Like an iceberg, the deeper issues of fear, confusion, denial, anger, shame, guilt, and anxiety often remain far beneath the surface. Early intervention with a speech-language therapist who specializes in stuttering maximizes both short-term and long-term impact and results. We develop individualized treatment programs based on each young person’s unique goals and challenges, and tailor strategies for pre-school children (ages 2-5), school-age children (ages 6-12), and teens (ages 13-18).
After-School & Weekend Program
Building Confidence, Communication & Community

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Our comprehensive services include speech therapy consultations, diagnostic evaluations, individual speech therapy sessions, group therapy sessions, teletherapy (across the country), school and classroom presentations, youth support groups, parent groups, stuttering education, school training, and added professional resources.

Individual and group therapy sessions help young people become more confident in their everyday lives and at school. During group therapy sessions, young people also meet peers who stutter, helping them see that they are not alone. Sessions provide a fully accepting environment where kids and teens safely share their thoughts and fears and develop important coping strategies.

Visit sAY.org/programs
email ryan@sAY.org
call 212.414.9696 ext.205
sAY: the stuttering Association
247 West 37th street, 5th Floor
new York, nY 10018

“I’ve developed much stronger communication skills in speech therapy. I can now communicate my thoughts and ideas, and everyone really understands me. It feels great!”

“Suleny had difficulty getting her words out. Through speech therapy at SAY, she’s learning new ways to speak, with much less physical stress. She’s come a long way in a short time and as a parent, I feel more confident about her future.” — Suleny’s mother

SULENY, age 4

SAY's speech language program works exclusively with young people who stutter:
We believe that every voice matters, and SAY helps young people discover their own unique and beautiful voices.

Our comprehensive services include speech therapy consultations, diagnostic evaluations, individual speech therapy sessions, teletherapy (nationwide), school and classroom presentations, parent groups, stuttering education, school training, and added professional resources.

Individual therapy sessions help young people become more confident in their everyday lives and at school. Sessions provide a fully accepting environment where kids and teens safely share their thoughts and fears and develop important coping strategies.

Contact Us:
SAY.org/programs/speech-therapy
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TYLER, age 15

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Recipient of the 2013 Special citation from the NY State Speech-language Hearing Association!
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The Stuttering Association for the Young

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PHOEBE, age 13

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